## Discover Field Archery Part 3

## Welcome to today's discover field archery session.

Part 3 of the Discover field archery sessions with a session of technical bits and pieces.

## Technical bits.

## How to range

Bunny hops, Using the maths, Using the environment, adjusting for the ups \& downs, Know your bow (ring sizes/metres)

Arrow size holes
"Remember what you have shot."
Using other groups/stopping other groups using you

## Using the rules

Come up, come down.
Carrying crib sheets.

## Foot Position

In target you are taught to straddle the shooting line, however with field there are pegs to indicate where you shoot from.

WA Field rounds you must be behind the line of the peg but within a 1 m radius of the peg. Using stuff

## Unit aiming

This is where the top half of the body draws normally and then pivot at the hips to come to bear in line with the target either up or downwards bearing in mind high draw rule.

## Coloured Pegs

There are two standard pegs RED and BLUE for adults, Sighted and Unsighted.

## Order of shooting

The red and blue pegs shoot first (alternating) then the other coloured pegs as the distance decreases towards the target boss.

## How many archers can shoot at a time?

Field faces -2 archers shoot at the same time, then the other 2 and each pair then alternate to shoot first. Whoever decides to shoot on the LHS stays on the LHS and the same with whoever shoots on the RHS stays on the RHS for the complete round.

4 face targets $-1^{\text {st }}$ pair shoot the top two targets $2^{\text {nd }}$ pair shoot bottom two targets. Bunnies from the left are numbered $1-4,1^{\text {st }}$ pair shoot columns $1 \& 3,2^{\text {nd }}$ pair shoot columns $2 \& 4$.

## Types of bows

Most types of bows are welcome at AGB field shoots in this country, however depending on how serious you want to take your field archery could impact on the type of bow you shoot!

## International competitions.

WA Field: only compound, recurve and barebow are recognized.
WA3D, sighted compounds, barebow, AFB (known as longbow) and Traditional.
Example in target, AFB would shoot against Barebow, in field Longbow would shoot against AFB, as the old saying goes it's like "bringing a knife to a gun fight".

## Inspection

So, on a day of a competition you will book in, make your bow ready, warm up/practice have a bacon butty, then inspection - some very basic rules

## BOWS

Compound, draw weight must not exceed 60lbs sight marks are allowed.
Recurve, no magnification on sights, sight marks are allowed.
Barebow, bow and any attachments goes through a 12.5 cm circle when strung (excluding the string) no marks on bow or string to act as sight marks.

AFB, no recurve, 1 cm max arrow rest leather, no visible marks on bow or string to act as sight marks. Mediterranean or 3 finger under.

Longbows, no sighting aid (elastic band).

## ARROWS

Can have a mixture, for long /short distances but must shoot the same type at each target should have name on shaft not vanes. Each set must have matching vanes.

## Bino/mono's

No range finding ability including scale on dials etc.

## Tabs

Are inspected for marks/interference.
Then the shoot briefing happens, group changes, safety notes, status of shoot, how it will start, course make up.

Archers are then divided into their groups and are led out onto the course to their starting pegs to await the starting signal.

